

IAPCONKochi2019

Pre-conference workshops
February 7th, 2019

Pre-conference workshop general guidelines.

Please register separately for pre-conference online iapconkochi2019.com
The number of participants for each workshop are given under each workshop details.

The registration fee for pre-conference workshop:
Doctors: Rs 500
Nurses and volunteers: Rs 300

The last date for registration is 31/12/2018

1. Navigating the Unknown - Tools for the Psychosocial Caregiver (9 AM - 5 PM)

Participants: 20 - 25

Intended audience: Doctors, nurses social workers and other allied health professional planning to engage in research projects; limited to a maximum number of 20 - 25 participants

Objectives:

- To introduce and familiarise clinicians and psychosocial palliative care team members with systematic psychosocial assessment pathways;
- To highlight the role of psychosocial assessment in the formulation of care plans that can be used by the interdisciplinary team;
- To enable palliative care professionals to address "total pain" and illness-related suffering, using techniques such as Dignity therapy;
- To equip clinicians and psychosocial palliative care team members with assessment tools for the screening of depression, anxiety and suicide assessment;
- To provide practical methods of communication of care plans to the patient using the SPIKES/WISH protocol.

Principal Instructors:

Preeya Desh, MD

Pediatric Hematology/Oncology
Palliative Care at Columbia University/NYP
Founder, Wabi Sabi Health Foundation

Frances Eichholz Heller

LMSW ACHP-SW

Senior Social Worker
Adult Palliative Care Consult Service
Columbia University/NY Presbyterian

Smriti Rana

MSc Integrative and Holistic Psychological Counselling
Trustee, Program Director, Consulting Psychologist and Trainer Pallium India

2. Epidemiologic statistics for beginners – hands on workshop using Epi Info and Open Epi

Length: One day (9 AM - 5 PM)

Intended audience: Doctors, nurses and allied health professional planning to engage in research projects; limited to a maximum number of 20-25 participants Objectives:

At the end of the workshop, participants will be able to

- Understand the basics of sample size calculations for descriptive studies using Open Epi;
- Describe sampling and data management techniques while writing research proposals/reports;
- Utilize MS Excel for data entry and cleaning;
- Perform and interpret results of data analysis of descriptive studies using Epi Info and Open Epi.

Activities:

The workshop will include brief presentations, handouts for basic exercises on statistics and epidemiology (contextualized for palliative care research) and hands on exercises using MS Excel, and Epi info using a mock data set. Open Epi will be demonstrated – hands on exercises can be included if internet connectivity is available for participants

Requirements:

Participants have to bring their own laptops – although some exercises may be possible on android devices

Principal Instructors:

Dr Ravi Prasad Varma P, MD,

Associate Professor,
Achutha Menon Centre for Health Science Studies,
Sree Chitra Tirunal Institute for Medical Sciences and Technology

Dr Jissa VT, PhD,

Scientist B,
Achutha Menon Centre for Health Science Studies,
Sree Chitra Tirunal Institute for Medical Sciences and Technology

3. Home Care Experience IAPCON KOCHI 2019

4 to 7th February 2019

A home care experience with various Palliative home care teams in Ernakulam, Kerala. Delegates can register in the same way as any pre-conference workshop till 19th January 2019.

Each unit will be on an average distance of 45 mins travel from Aluva, Ernakulam
2 delegates per team, 25 teams in total

9:30 am Delegates to report at respective institution.

9:30 am – 10 am Getting to know the team and system.

10 am – 3:30 pm Home Care, lunch will be provided by the team

For further details contact:

Coordinator:

Dr. Athul – 00919895918538, Medical Officer, Dept. of Palliative Care, GH, Ekm

S N Vipin – 00917012831224, Staff Nurse, Dept of Palliative Care, General Hospital, Ekm.

4. Communication Skill in Palliative Care (9 AM - 5 PM)

Target audience:

Palliative care physicians and nurses, psychologists, psycho-oncologists, counsellors, social Workers, family physicians, nurses.

Number of participants:45

Learning objectives

- To gain knowledge and master skills of evidence-based communication strategies in palliative and end of life care;
- To learn how to address challenging issues of denial, anger and collusion in caring for patients with advanced illness and their caregivers;
- To value the importance of reflective practice in communication with patients and their families and in the palliative care team.

Program Coordinator:

Dr. Jayita Deodhar Professor and Ad Hoc Officer in Charge, Department of Palliative Medicine, Tata Memorial Hospital, Mumbai

Faculty:

- **Mrs. Savita Goswami**, Senior Clinical Psychologist and Psycho-oncologist, Tata Memorial Hospital, Mumbai
- **Dr. Pankaj Singhai**, Asst. Professor, Kasturba Medical College and Manipal Hospital, Manipal
- **Dr. Rajam Iyer**, Consultant Pulmonologist and Palliative Medicine, Bhatia and Hinduja Hospital, Mumbai
- **Mrs. Priya Ubale**, Senior Volunteer Counsellor Department of Palliative Medicine, Tata Memorial Hospital, Mumbai
- **Mr. K.V. Ganpathy**, CEO, JASCAP and Senior Volunteer Counsellor, Department of Palliative Medicine, Tata Memorial Hospital, Mumbai

Workshop format:

Full day workshop Small group discussions with role plays.

5. Neurology in Palliative Care (9 AM - 1 PM)

Participants: 40 - 50

Intended audience: Palliative Care providers (physicians, nurses, volunteers)

Objectives:

- To inform palliative care providers of the scope, challenges and opportunities in the emerging field of neuro-palliative care in India;
- To discuss an action plan for the road ahead.

The facilitators for this workshop are:

- Dr Benzi Kluger (USA)
- Dr Jeremy Johnson (UK/India)
- Dr Roop Gursahani (India)

FORMAT

Didactic/interactive lectures

Panel discussion

Brain storming session

DURATION: Half day

6. Volunteering in Palliative Care (9 AM - 4 PM)

Participants: 40 - 50

Intended audience: Existing and new Volunteers

Objectives:

- To create awareness on palliative care in the community;
- To promote volunteering in palliative care;
- Establishing new palliative care centers, understanding challenges, planning strategies, advocacy and patient care.

Format:

Didactic/interactive session

Brain storming session

The facilitators: Mr K. Lal and team

9.00 AM - 10.00 AM	Introducing Training Module for Community Volunteers as per WHO guidelines	Mr. Jos Pulimoottil
10.00 A M - 11.00 A M	Communication - Conflict and Stress among Team Members/Family Members	Dr. Geetha Vijay
11.00 A M - 11.30 A M	TEA	
11.30 A M - 12.30 P M	Grief and Bereavement Support	Dr. K. C. Rajashri Suresh
12.30 P M - 1.00 P M	LUNCH	
1.00 P M - 2.00 P M	Nursing Issues in Palliative Care	Ms. Sheeba R. S.
2.00 P M - 3.00 P M	Volunteering in Palliative Care - Moving Beyond Current Boundaries	Dr. Manoj Kumar
3.00 P M - 4.00 P M	Taking Palliative Care to the Next Generation Youth and Palliative Care	Ms. Jyothi Jayan Warriar
4.00 P M - 4.30 P M	Concluding Remarks	
4.30 PM	TEA and disperse	

7. Children's Palliative Care (9 AM - 4:30PM)

Participants: 50

Intended audience: Doctors, nurses social workers and other allied health professional working with children and carers delivering palliative care.

Objectives:

- To introduce and familiarize participants about basic palliative care in children focusing on symptom management and end of life;
- To improve communication skills of participants while dealing with children and their carers;
- Special focus on nursing issues in pediatric palliative care.

The facilitators for this workshop are:

- Dr Hariprasad PG
- Dr M.A. Muckaden
- Dr Megan Dorhety
- Dr Armida Fernandez
- Ms Joan Marston
- Dr Manjiri Dighe
- Dr Pradnya Talawadekar

8. Opioid workshop (9 AM - 4:30PM)

Participants: 25 or 30.

Intended audience: Doctors, nurses, pharmacists and other allied health professional working in palliative care.

Objectives:

- To empower participants to overcome barriers to access to opioids.
- To improve understanding of current NDPS act.

Faculty:

- Dr A V Raju
- Dr Savita Butola
- Ms.Tripti Tandon

Facilitator: Dr. M R Rajagopal.